

**Kurs | Course**

<b>Kursnamn   Course name</b>				
<b>Kurskod   Course code</b>	<b>Kurstillfälleskod (Ladok)   Instance code</b>	<b>Omfattning   Credits</b>	<b>Termin   Semester</b>	<b>Svarsfrekvens kursvärdering   Response rate course evaluation</b>

**Statistik | Statistics**

<b>Antal registrerade studenter   Number of enrolled students</b>	
<b>Antal godkända studenter   Number of students who completed the course</b>	
<b>Eventuell kommentar   Comment (if necessary)</b>	

<b>Fördelning antal kvinnor/män bland lärare   Teachers women/men</b>	
<b>Eventuell kommentar   Comment (if necessary)</b>	

<b>Antal disputerade lärare   Teachers with a PhD degree</b>	
<b>Eventuell kommentar   Comment (if necessary)</b>	

**Förändringar i kursen från förra gången den gavs | Changes in the course since the last time it was given**

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**Sammanfattning av studenternas synpunkter och förslag i kursvärdering (inklusive fritextsvar) och formativa utvärderingar**

*Summary of the students' views and suggestions in the summative course evaluation (including text answers) and formative evaluations*

**Starka sidor | *Strengths***

**Förslag till förbättringar | *Suggestions for improvements***

**Utvärdering av kursens genomförande och resultat, inklusive hur lärandeaktiviteter och examinationer bidragit till uppfyllelse av lärandemålen | *Evaluation of the implementation and results of the course, including how teaching activities and examinations have contributed to fulfilling the learning outcomes***

**PERSPEKTIV I KURSEN**

**Utvärdering av kursens forskningsanknytning i genomförande och innehåll och hur studenter tränas i ett vetenskapligt förhållningssätt som är relevant för kursen | *Evaluation of the course's research base in terms of its implementation and content, and how the students are trained in a research-based approach relevant for the course***

**Utvärdering av kursens koppling teori/praktik samt hur studenter förbereds för att möta ett föränderligt arbetsliv | *Evaluation of the course's links theory/practice and how students are prepared to deal with a changing working life***

**Utvärdering av hur internationella perspektiv och verksamhet är integrerade i kursen | *Evaluation of how international perspectives and activities are integrated in the course***

**Utvärdering av hur kursen beaktar ekologiska, ekonomiska eller sociala perspektiv på hållbar utveckling som är relevant för kursen | *Evaluation of how the course considers ecologic, economic or social perspectives on sustainable development relevant for the course***

**Utvärdering av hur jämställdhet främjas och beaktas i kursens utformning och genomförande | *Evaluation of how gender equality is promoted and considered in the design and implementation of the course***

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**Förslag till åtgärder för kursen som helhet | *Suggestions for measures for the course***

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**Övriga kommentarer | *Additional comments***

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<b>Datum   <i>Date</i></b>	<b>Kursanalysen sammanställd av   <i>The course analysis was written by</i></b>
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**Utvärdering av kursen ur diskriminerings- och likabehandlingsperspektiv | *Evaluation of the course from a discrimination and equal rights perspective***

Tänk igenom kursens övergripande utformning, genomförande och examination utifrån de sju diskrimineringsgrunderna och de olika formerna av diskriminering samt analysera om det finns potentiella framtida risker för diskriminering eller andra hinder för lika rättigheter. Tänk även igenom förutsättningarna att förena studier och föräldraskap. Redogör kortfattat för:

- Hur ni gått tillväga när ni analyserat risker eller hinder för lika rättigheter i kursen,
- Om risker eller hinder upptäckts, vilka dessa är inklusive en kort analys,
- Vilka åtgärder som har vidtagits eller planeras vidtas och en tidsram för arbetet.

*Consider the overall design, implementation and examination of the course in relation to the seven grounds of discrimination and the different forms of discrimination and analyse if there are potential future risks of discrimination or any other obstacles to individuals' equal rights.*

*Consider also the possibilities to reconcile studies with parenthood. Describe briefly:*

- *How you have investigated risks or obstacles for equal rights in the course,*
- *If risks or obstacles have been identified, what these are including a brief analysis,*
- *The measures taken or planned, and a time frame for this work.*

**Uppföljning av föregående års utvärdering och eventuella åtgärder | *Follow-up of last year's evaluation and measures***

## Idrottsmedicin TAIDRM 24105 VT2024

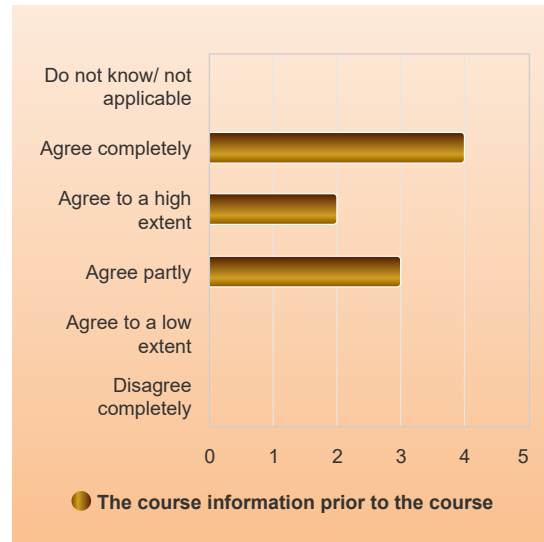
Respondents: 63  
Answer Count: 9  
Answer Frequency: 14.29%

1. Pre-conditions and organisation of the course as a whole (if you want to give your views on a module, you may comment below)

I am satisfied with:

The course information prior to the course

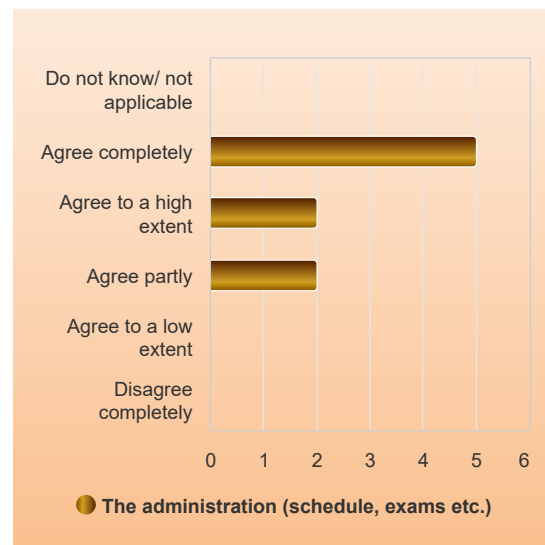
The course information prior to the course	Number of responses	Cumulated responses
Disagree completely	0 (0.0%)	0 (0.0%)
Agree to a low extent	0 (0.0%)	0 (0.0%)
Agree partly	3 (33.3%)	3 (33.3%)
Agree to a high extent	2 (22.2%)	5 (55.6%)
Agree completely	4 (44.4%)	9 (100.0%)
Do not know/ not applicable	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>



	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
The course information prior to the course	4.1	0.9	22.6 %	3.0	3.0	4.0	5.0	5.0

The administration (schedule, exams etc.)

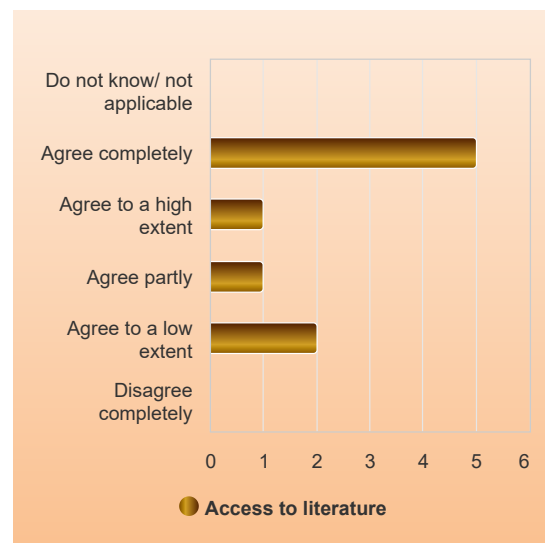
The administration (schedule, exams etc.)	Number of responses	Cumulated responses
Disagree completely	0 (0.0%)	0 (0.0%)
Agree to a low extent	0 (0.0%)	0 (0.0%)
Agree partly	2 (22.2%)	2 (22.2%)
Agree to a high extent	2 (22.2%)	4 (44.4%)
Agree completely	5 (55.6%)	9 (100.0%)
Do not know/ not applicable	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>



	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
The administration (schedule, exams etc.)	4.3	0.9	20.0 %	3.0	4.0	5.0	5.0	5.0

Access to literature

Access to literature	Number of responses	Cumulated responses
Disagree completely	0 (0.0%)	0 (0.0%)
Agree to a low extent	2 (22.2%)	2 (22.2%)
Agree partly	1 (11.1%)	3 (33.3%)
Agree to a high extent	1 (11.1%)	4 (44.4%)
Agree completely	5 (55.6%)	9 (100.0%)
Do not know/ not applicable	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>

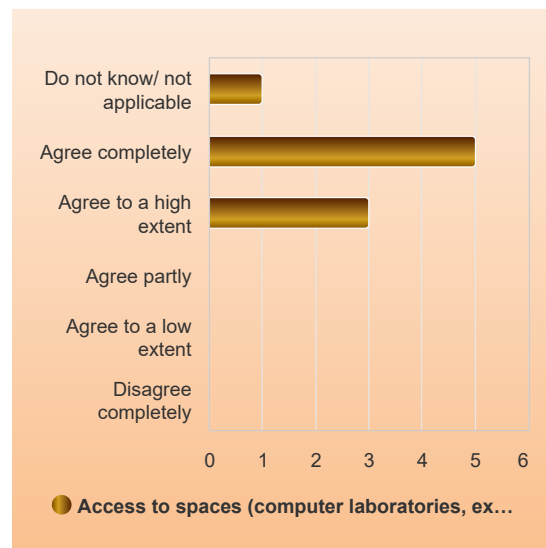


	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
Access to literature	4.0	1.3	33.1 %	2.0	3.0	5.0	5.0	5.0



Access to spaces (computer laboratories, exercise rooms)

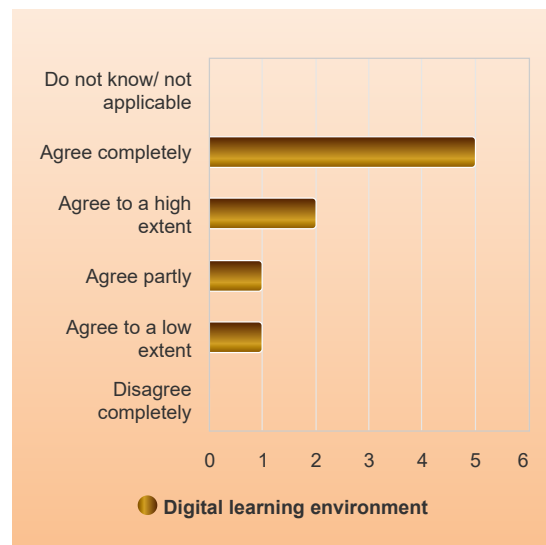
Access to spaces (computer laboratories, exercise rooms)	Number of responses	Cumulated responses
Disagree completely	0 (0.0%)	0 (0.0%)
Agree to a low extent	0 (0.0%)	0 (0.0%)
Agree partly	0 (0.0%)	0 (0.0%)
Agree to a high extent	3 (33.3%)	3 (33.3%)
Agree completely	5 (55.6%)	8 (88.9%)
Do not know/ not applicable	1 (11.1%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>



	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
Access to spaces (computer laboratories, exercise rooms)	4.6	0.5	11.2 %	4.0	4.0	5.0	5.0	5.0

Digital learning environment

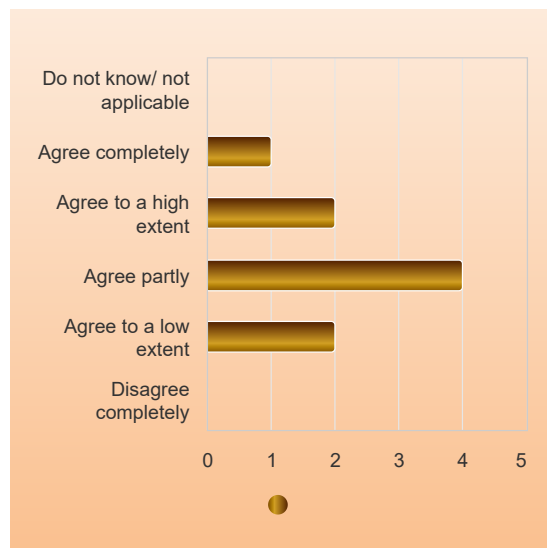
Digital learning environment	Number of responses	Cumulated responses
Disagree completely	0 (0.0%)	0 (0.0%)
Agree to a low extent	1 (11.1%)	1 (11.1%)
Agree partly	1 (11.1%)	2 (22.2%)
Agree to a high extent	2 (22.2%)	4 (44.4%)
Agree completely	5 (55.6%)	9 (100.0%)
Do not know/ not applicable	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>



	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
Digital learning environment	4.2	1.1	25.9 %	2.0	4.0	5.0	5.0	5.0

2. In general, I knew what was expected of me in this course with regard to the course objectives.

	Number of responses	Cumulated responses
Disagree completely	0 (0.0%)	0 (0.0%)
Agree to a low extent	2 (22.2%)	2 (22.2%)
Agree partly	4 (44.4%)	6 (66.7%)
Agree to a high extent	2 (22.2%)	8 (88.9%)
Agree completely	1 (11.1%)	9 (100.0%)
Do not know/ not applicable	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>

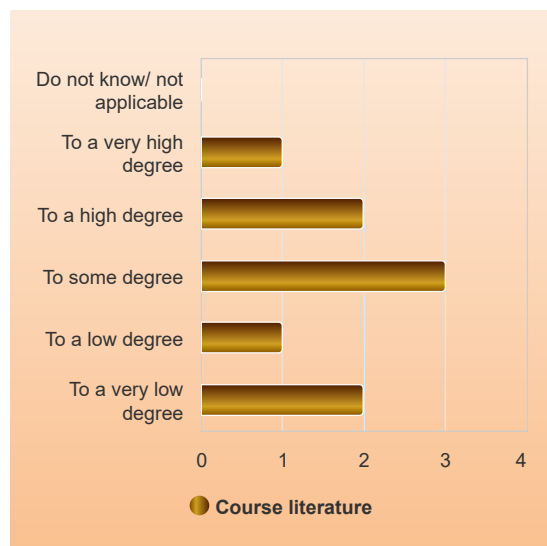


	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
	3.2	1.0	30.2 %	2.0	3.0	3.0	4.0	5.0

3. Performance of the course as a whole (if you want to give your views on a module, you may comment below)  
To what degree has each teaching/examination form below contributed to your fulfilment of the learning outcomes?

Course literature

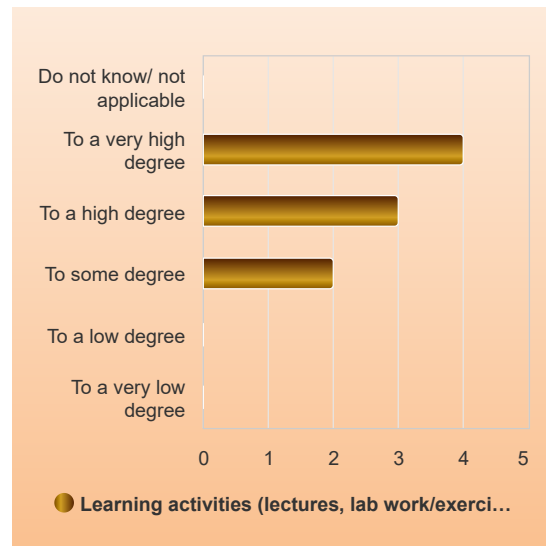
Course literature	Number of responses	Cumulated responses
To a very low degree	2 (22.2%)	2 (22.2%)
To a low degree	1 (11.1%)	3 (33.3%)
To some degree	3 (33.3%)	6 (66.7%)
To a high degree	2 (22.2%)	8 (88.9%)
To a very high degree	1 (11.1%)	9 (100.0%)
Do not know/ not applicable	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>



	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
Course literature	2.9	1.4	47.2 %	1.0	2.0	3.0	4.0	5.0

Learning activities (lectures, lab work/exercises, seminars, excursions etc)

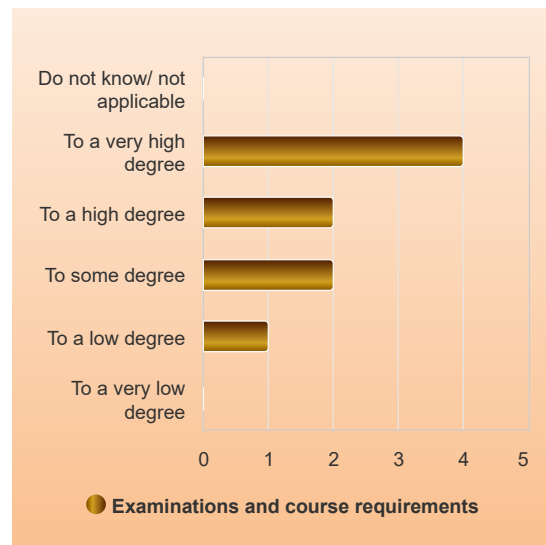
Learning activities (lectures, lab work/exercises, seminars, excursions etc)	Number of responses	Cumulated responses
To a very low degree	0 (0.0%)	0 (0.0%)
To a low degree	0 (0.0%)	0 (0.0%)
To some degree	2 (22.2%)	2 (22.2%)
To a high degree	3 (33.3%)	5 (55.6%)
To a very high degree	4 (44.4%)	9 (100.0%)
Do not know/ not applicable	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>



	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
Learning activities (lectures, lab work/exercises, seminars, excursions etc)	4.2	0.8	19.7 %	3.0	4.0	4.0	5.0	5.0

Examinations and course requirements

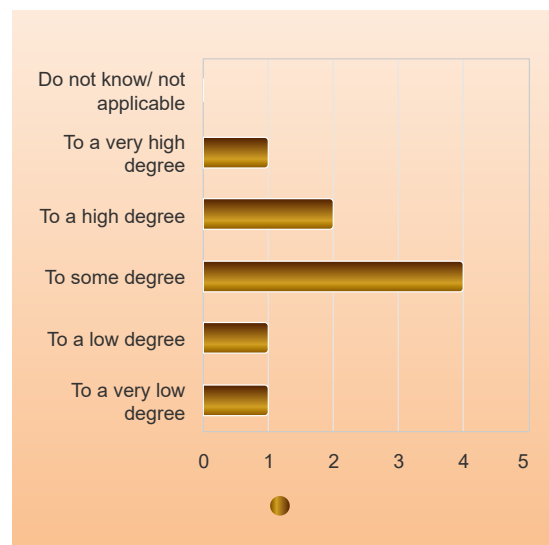
Examinations and course requirements	Number of responses	Cumulated responses
To a very low degree	0 (0.0%)	0 (0.0%)
To a low degree	1 (11.1%)	1 (11.1%)
To some degree	2 (22.2%)	3 (33.3%)
To a high degree	2 (22.2%)	5 (55.6%)
To a very high degree	4 (44.4%)	9 (100.0%)
Do not know/ not applicable	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>



	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
Examinations and course requirements	4.0	1.1	28.0 %	2.0	3.0	4.0	5.0	5.0

4. To what degree have you had the chance to integrate theoretical and practical elements (learning activities, examinations and course requirements) in the course?

	Number of responses	Cumulated responses
To a very low degree	1 (11.1%)	1 (11.1%)
To a low degree	1 (11.1%)	2 (22.2%)
To some degree	4 (44.4%)	6 (66.7%)
To a high degree	2 (22.2%)	8 (88.9%)
To a very high degree	1 (11.1%)	9 (100.0%)
Do not know/ not applicable	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>



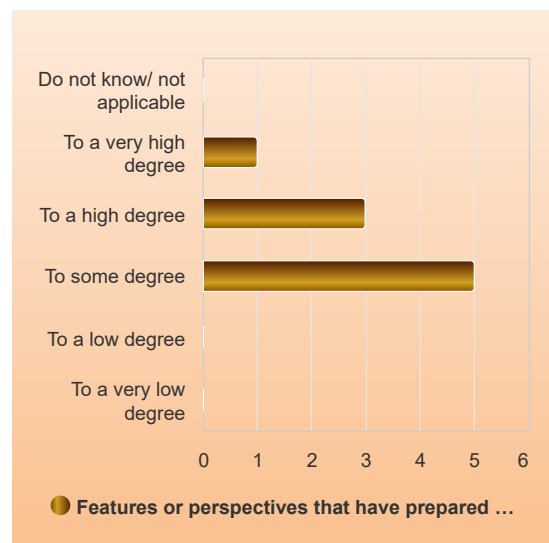
	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
	3.1	1.2	37.5 %	1.0	3.0	3.0	4.0	5.0

5. Course context

To what degree did the course include:

Features or perspectives that have prepared you for your future working life and future knowledge development?

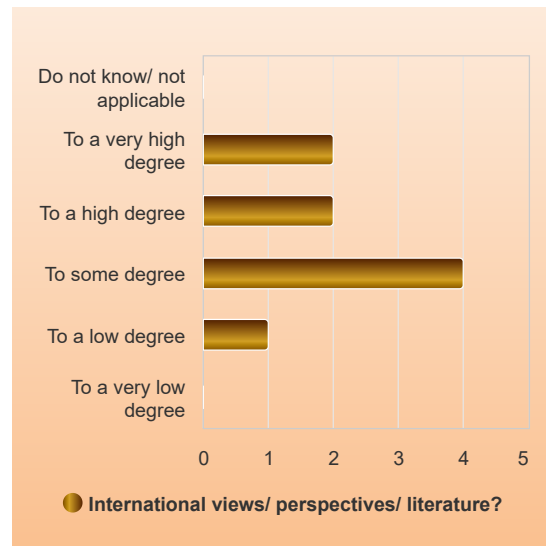
Features or perspectives that have prepared you for your future working life and future knowledge development?	Number of responses	Cumulated responses
To a very low degree	0 (0.0%)	0 (0.0%)
To a low degree	0 (0.0%)	0 (0.0%)
To some degree	5 (55.6%)	5 (55.6%)
To a high degree	3 (33.3%)	8 (88.9%)
To a very high degree	1 (11.1%)	9 (100.0%)
Do not know/ not applicable	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>



	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
Features or perspectives that have prepared you for your future working life and future knowledge development?	3.6	0.7	20.4 %	3.0	3.0	3.0	4.0	5.0

International views/ perspectives/ literature?

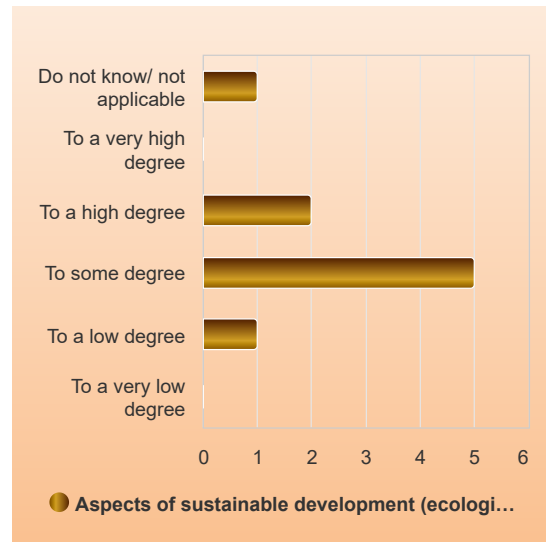
International views/ perspectives/ literature?	Number of responses	Cumulated responses
To a very low degree	0 (0.0%)	0 (0.0%)
To a low degree	1 (11.1%)	1 (11.1%)
To some degree	4 (44.4%)	5 (55.6%)
To a high degree	2 (22.2%)	7 (77.8%)
To a very high degree	2 (22.2%)	9 (100.0%)
Do not know/ not applicable	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>



	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
International views/ perspectives/ literature?	3.6	1.0	28.5 %	2.0	3.0	3.0	4.0	5.0

Aspects of sustainable development (ecological, economic and social development perspective)?

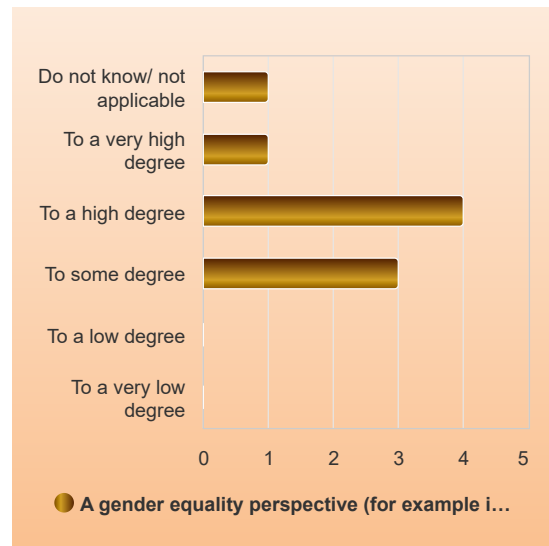
Aspects of sustainable development (ecological, economic and social development perspective)?	Number of responses	Cumulated responses
To a very low degree	0 (0.0%)	0 (0.0%)
To a low degree	1 (11.1%)	1 (11.1%)
To some degree	5 (55.6%)	6 (66.7%)
To a high degree	2 (22.2%)	8 (88.9%)
To a very high degree	0 (0.0%)	8 (88.9%)
Do not know/ not applicable	1 (11.1%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>



	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
Aspects of sustainable development (ecological, economic and social development perspective)?	3.1	0.6	20.5 %	2.0	3.0	3.0	3.5	4.0

A gender equality perspective (for example in course literature, course assignments, during lectures or seminars)?

A gender equality perspective (for example in course literature, course assignments, during lectures or seminars)?	Number of responses	Cumulated responses
To a very low degree	0 (0.0%)	0 (0.0%)
To a low degree	0 (0.0%)	0 (0.0%)
To some degree	3 (33.3%)	3 (33.3%)
To a high degree	4 (44.4%)	7 (77.8%)
To a very high degree	1 (11.1%)	8 (88.9%)
Do not know/ not applicable	1 (11.1%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>

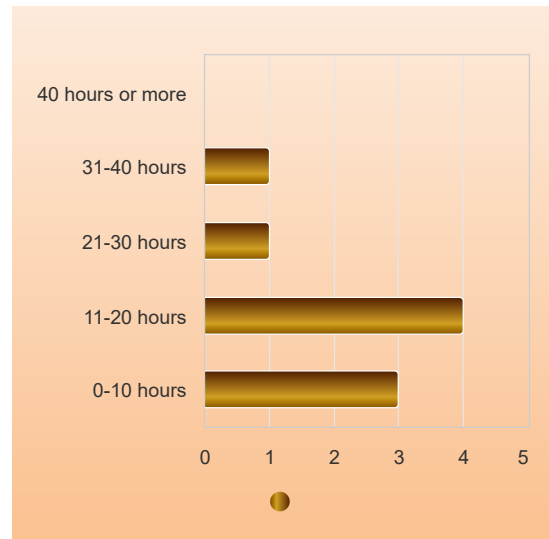


	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
A gender equality perspective (for example in course literature, course assignments, during lectures or seminars)?	3.8	0.7	18.9 %	3.0	3.0	4.0	4.0	5.0

#### 6. Activity and student influence

How many hours per week did you spend on the course on average in total (including scheduled teaching)? 100 percent rate of study corresponds to about 40 hours per week.

	Number of responses	Cumulated responses
0-10 hours	3 (33.3%)	3 (33.3%)
11-20 hours	4 (44.4%)	7 (77.8%)
21-30 hours	1 (11.1%)	8 (88.9%)
31-40 hours	1 (11.1%)	9 (100.0%)
40 hours or more	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>

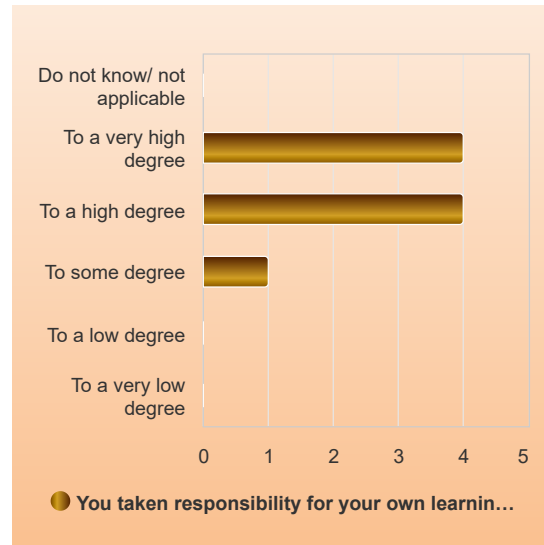


	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
	2.0	1.0	50.0 %	1.0	1.0	2.0	2.0	4.0

To what degree have:

You taken responsibility for your own learning?

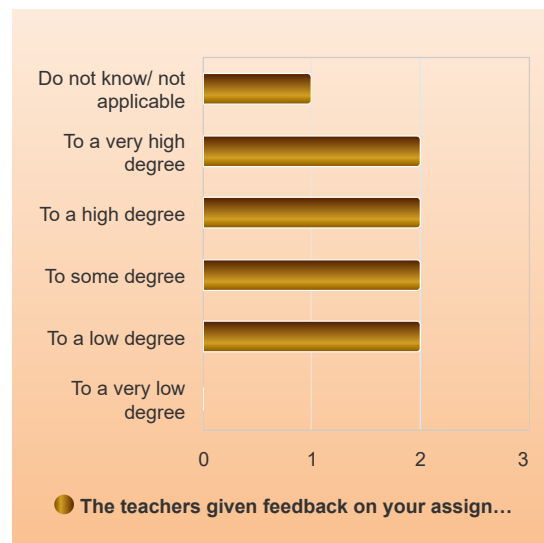
You taken responsibility for your own learning?	Number of responses	Cumulated responses
To a very low degree	0 (0.0%)	0 (0.0%)
To a low degree	0 (0.0%)	0 (0.0%)
To some degree	1 (11.1%)	1 (11.1%)
To a high degree	4 (44.4%)	5 (55.6%)
To a very high degree	4 (44.4%)	9 (100.0%)
Do not know/ not applicable	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>



	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
You taken responsibility for your own learning?	4.3	0.7	16.3 %	3.0	4.0	4.0	5.0	5.0

The teachers given feedback on your assignments?

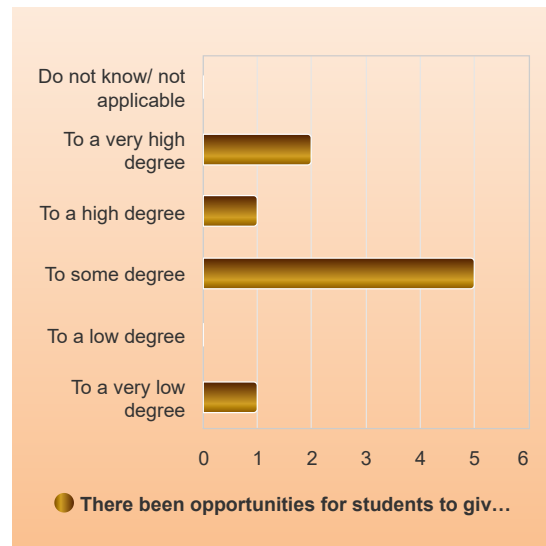
The teachers given feedback on your assignments?	Number of responses	Cumulated responses
To a very low degree	0 (0.0%)	0 (0.0%)
To a low degree	2 (22.2%)	2 (22.2%)
To some degree	2 (22.2%)	4 (44.4%)
To a high degree	2 (22.2%)	6 (66.7%)
To a very high degree	2 (22.2%)	8 (88.9%)
Do not know/ not applicable	1 (11.1%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>



	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
The teachers given feedback on your assignments?	3.5	1.2	34.1 %	2.0	2.5	3.5	4.5	5.0

There been opportunities for students to give their views throughout the course?

There been opportunities for students to give their views throughout the course?	Number of responses	Cumulated responses
To a very low degree	1 (11.1%)	1 (11.1%)
To a low degree	0 (0.0%)	1 (11.1%)
To some degree	5 (55.6%)	6 (66.7%)
To a high degree	1 (11.1%)	7 (77.8%)
To a very high degree	2 (22.2%)	9 (100.0%)
Do not know/ not applicable	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>

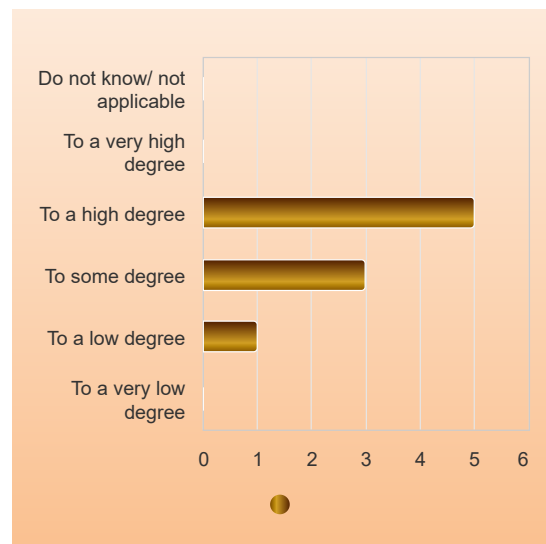


	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
There been opportunities for students to give their views throughout the course?	3.3	1.2	36.7 %	1.0	3.0	3.0	4.0	5.0

7. Here follows two questions about specific courses:

If you have completed a course within a study programme, you may comment on the progression within the programme here. To what degree did the course connect to what you previously have learned in the programme?

	Number of responses	Cumulated responses
To a very low degree	0 (0.0%)	0 (0.0%)
To a low degree	1 (11.1%)	1 (11.1%)
To some degree	3 (33.3%)	4 (44.4%)
To a high degree	5 (55.6%)	9 (100.0%)
To a very high degree	0 (0.0%)	9 (100.0%)
Do not know/ not applicable	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>



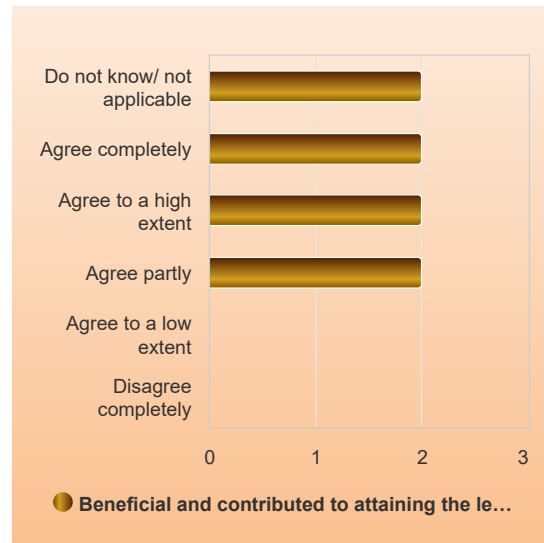
	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
	3.4	0.7	21.1 %	2.0	3.0	4.0	4.0	4.0



If you have completed a course containing placement or a degree project, you may comment on the supervision here. The supervision I received was:

Beneficial and contributed to attaining the learning outcomes

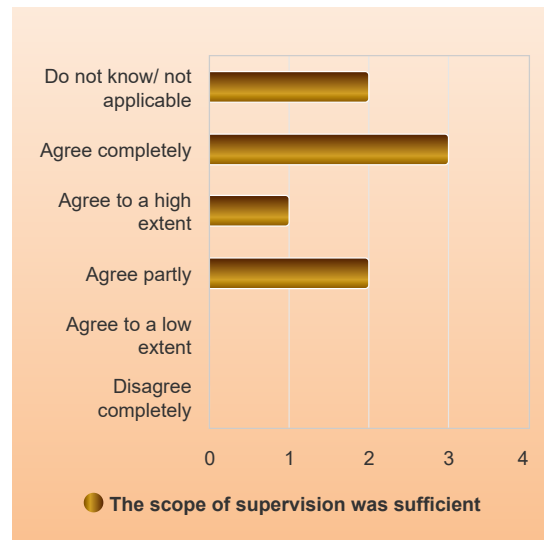
Beneficial and contributed to attaining the learning outcomes	Number of responses	Cumulated responses
Disagree completely	0 (0.0%)	0 (0.0%)
Agree to a low extent	0 (0.0%)	0 (0.0%)
Agree partly	2 (25.0%)	2 (25.0%)
Agree to a high extent	2 (25.0%)	4 (50.0%)
Agree completely	2 (25.0%)	6 (75.0%)
Do not know/ not applicable	2 (25.0%)	8 (100.0%)
<b>Total</b>	<b>8 (100.0%)</b>	<b>8 (100.0%)</b>



	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
Beneficial and contributed to attaining the learning outcomes	4.0	0.9	22.4 %	3.0	3.5	4.0	4.5	5.0

The scope of supervision was sufficient

The scope of supervision was sufficient	Number of responses	Cumulated responses
Disagree completely	0 (0.0%)	0 (0.0%)
Agree to a low extent	0 (0.0%)	0 (0.0%)
Agree partly	2 (25.0%)	2 (25.0%)
Agree to a high extent	1 (12.5%)	3 (37.5%)
Agree completely	3 (37.5%)	6 (75.0%)
Do not know/ not applicable	2 (25.0%)	8 (100.0%)
<b>Total</b>	<b>8 (100.0%)</b>	<b>8 (100.0%)</b>



	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
The scope of supervision was sufficient	4.2	1.0	23.6 %	3.0	3.5	4.5	5.0	5.0

## 8. Equal terms

You may submit constructive suggestions here for how the course (for example teaching, teaching activities, course literature and/or examination and course requirements) could be improved in order for all students to feel welcome and to participate on equal terms regardless of sex, transgender identity or expression, ethnicity, religion or other belief, disability, sexual orientation and age.

### 8. Equal terms

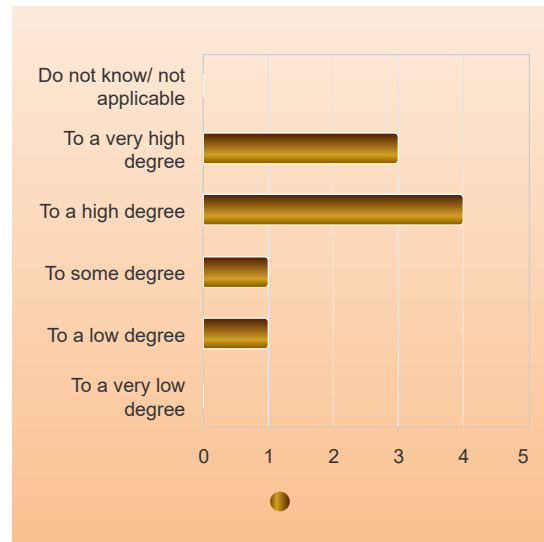
**You may submit constructive suggestions here for how the course (for example teaching, teaching activities, course literature and/or examination and course requirements) could be improved in order for all students to feel welcome and to participate on equal terms regardless of sex, transgender identity or expression, ethnicity, religion or other belief, disability, sexual orientation and age.**

Tycker tempot kunde varit högre. Med det menar jag att de schemalagda lektionerna kunde ha kommit med jämnare mellanrum. Vissa veckor kändes det som att vi knappt hade lektioner.

## 9. Overall judgement

How satisfied are you with the course overall?

	Number of responses	Cumulated responses
To a very low degree	0 (0.0%)	0 (0.0%)
To a low degree	1 (11.1%)	1 (11.1%)
To some degree	1 (11.1%)	2 (22.2%)
To a high degree	4 (44.4%)	6 (66.7%)
To a very high degree	3 (33.3%)	9 (100.0%)
Do not know/ not applicable	0 (0.0%)	9 (100.0%)
<b>Total</b>	<b>9 (100.0%)</b>	<b>9 (100.0%)</b>



	Mean	Standard Deviation	Coefficient of Variation	Min	Lower Quartile	Median	Upper Quartile	Max
	4.0	1.0	25.0 %	2.0	4.0	4.0	5.0	5.0

This was especially good about the course (you may also give your views on modules):

### This was especially good about the course (you may also give your views on modules):

Bra info, engagerade lärare vilket gör det roligare och mer intressant att lyssna och lära sig. Även inspirerat mig till att göra mer research så jag kan förebygga skador för mina adepter på bästa sätt i träningen

Tydliga krav, förstående tentan som håller sig till kursen.

Tydlighet kring kunskapskrav och förväntningar från oss studenter. Tydlig struktur på föreläsningar.

Relevant ämne utifrån profession.

This could be improved in the course:

### This could be improved in the course:

Lärarnas utvärdering av essäer och arbeten var bristfälliga.

Synd att vi missade massagelektionen :(